

2018 Honduras Custom Trek

Dates	Destination	Activities	Comments
Sun Oct 7	Tegucigalpa	Arrive in morning	Lunch on own
		Visit orphanage in afternoon	Group Welcome dinner
			Overnight Marriott Tegucigalpa
Mon Oct 8	Tegucigalpa	Work Day at Orphanage	Lunch at orphanage
			Dinner on own
			Overnight Marriott Tegucigalpa
Tue Oct 9	Tegucigalpa	Free morning (unless work needed at	Lunch on own
		orphanage)	Dinner at orphanage
		Party with the children in the evening	Overnight Marriott Tegucigalpa
Wed Oct 10	Tegucigalpa	All day field trip with the children.	Lunch with kids
			Dinner on own
			Overnight Marriott Tegucigalpa
Thurs Oct 11	Trek Day 1	Early morning flight to La Ceiba	All meals included
		Transfer to Las Cascadas lodge in Pico Bonito	
		National Park.	Overnight Las Cascadas Lodge
		Hike to "Sisters Fall"	in Pico Bonito
Fri Oct 12	Trek Day 2	Hike to El Bejuco waterfall	All meals included
		Rest and relaxation	
			Overnight Las Cascadas Lodge
			in Pico Bonito
Sat Oct 13	Trek Day 3	Depart early by boat to Cayo Cochinos for	All meals included
		snorkeling on the reef, hiking on the island in	
		search of the pink boa, and lunch at a Garifuna	Overnight Las Cascadas Lodge
		village.	in Pico Bonito
Sun Oct 14	Return Home	Private transfer to San Pedro Sula in morning	Meals on own
		(3 hrs)	
		Fly home in afternoon	