

## THAILAND LITE TREK 2011 Tentative Itinerary

Dates	Destination	Activities	Comments
Wed Nov 9		Air Travel to Thailand	Cross international date line
Thu Nov 10	Bangkok	Air Travel to Thailand	Arrive Bangkok Free Day
Fri Nov 11	Bangkok	Group Meeting in AM Group Sightseeing in Bangkok	Group Lunch Sleeper Car First Class
	Train Travel to Chiang Mai	Leave Bangkok on the 9:00 pm train Arrive Chiang Mai 7:00 am+1	Dinner on your own on train
Sat Nov 12	Chiang Mai	Free morning, sightsee Visit Orphanage in PM	Lunch on your own Group Dinner
Sun Nov 13	Chiang Mai	Work Day at the Orphanage	Lunch at orphanage Group Dinner
Mon Nov 14	Trek Day 1	3.5 hr drive North, Elephant Ride, 1 hr, Trek 2.5 hrs to Red Lahu Hill Tribe Village	Depart 9:00 am hotel Homestay in Lahu Hill Tribe
Tue Nov 15	Trek Day 2	Trek 4 hours to Lisu Hill Tribe Village	Homestay in Lisu Hill Tribe
Wed Nov 16	Trek Day 3	Trek 4.5 hours to Karen Hill Tribe Village, visit caves along the way.	Homestay in Karen Hill Tribe
Thu Nov 17	Trek Day 4	Trek 3.5 hrs to Lahu village Hill Tribe, drive to Doi Mae Salong Kuo Ming Tan, a Chinese settlement and tea plantations near border.	Overnight in family guest house.
Fri Nov 18	Trek Day 5	Visit early morning tribal market, hike 3-4 hrs on the old opium border route along the Thai - Burma border, visit Akha Hill Tribe village, arrive at the Mekong River and the Golden Triangle.	Overnight in guest house at the Golden Triangle
Sat Nov 19	Trek Day 6	Take a long-tail boat journey to the borders of Thailand, Burma and Laos, crossing into Laos [no visa required], visit original Opium Musuem and continue to the historical city of Chiang Saen, visit the unique "Heaven on Earth" Buddhist Temple, 1 hr hike to waterfalls.	Return to Chiang Mai by vehicle 5-7 pm Group celebration dinner
Sun Nov 20	Chiang Mai	Free Morning Orphanage Party in PM	Lunch on own Dinner at orphanage
Mon Nov 21	Chiang Mai Air Travel to Bangkok	Orphanage Field Trip Leave Chiang Mai early evening flight Arrive Bangkok evening	Lunch with children Group Farewell Dinner in Bangkok
Tue Nov 22	Flight Home	Free time in Bangkok until flight home	