

# ***RECOMMENDED PACKING LIST***

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Here is a basic packing list. These items are essential to ensure adventure travelers' comfort and safety:

- ✓ Day pack
- ✓ Broken-in hiking boots or mountain sneakers (gym sneakers are not suitable).
- ✓ Full rain gear (rain jacket, rain pants) or rain poncho.
- ✓ Lightweight hiking pants (recommended) and shorts
- ✓ Fast-wicking and quick-to-dry top and bottom base layers.
- ✓ Comfortable shoes/flip-flops.
- ✓ Cold-weather jacket and gloves
- ✓ Hiking poles
- ✓ Long-sleeve fleece/sweater.
- ✓ Woolen hat and Baseball cap or sombrero.
- ✓ Buff or Bandana.
- ✓ Sunglasses.
- ✓ Comfortable hiking socks.
- ✓ Sunscreen, insect repellent, medications including diamox for altitude and Z-pack
- ✓ Bathing suit.
- ✓ Mountain casual wear for evenings. ✓ Photo/video cameras and chargers. ✓ Refillable water bottle and camel back, if desired.

Any additional luggage and clothing that you will not need on the trip can be stored at your hotel in the city of Cusco.

MLP recommends bringing hiking poles. It is possible to purchase them at several stores in the city of Cusco; however, we offer complimentary wooden hiking sticks.

Some of our guests enjoy bringing binoculars.

There are duffle bags for loan. Please let us know in advance if you would need one for the trip.

If you take any special medication or specific brand, we recommend you to bring them with you.

Trains which operate between Aguas Calientes and Ollantaytambo have issued specific luggage weight and size limits, which is why we recommend using the duffle bags provided by MLP. The official weight limit is 5kg per person, but the MLP duffle bags are allowed to carry up to 10kg. If you decide to carry your own duffle bag weighing in excess of the 5kg rule, it will likely be sent by Perú Rail in the luggage car and may have different schedules from passenger cars.

Traveler's tip: Pack essential items in your carry-on baggage so that you can access them even if your luggage is delayed: travel insurance, passport and money, eyewear and any medication, hiking boots and a change of clothing.