



TFK and Motherless Daughters Peru Adventure
September 16 - 25, 2022

September 16, 2022	Arrive Cusco; met by hotel representative and transfer to hotel. Afternoon free.	Evening welcome dinner with Hope Edelman and trip/workshop participants. Overnight at Marriot Convent hotel in Cusco Briefing with MLP guide before dinner.
September 17, 2022	Depart Cusco in private van enroute the Lares Valley and the beginning of the trek.	Beginning with a visit to the archaeological Incan ruins at Chincero, followed by a 3-hr. afternoon hike to Urquillos. Transportation to Urquillos also available. Dinner and overnight, Lamay Lodge at 9,705 ft. Post-dinner conversation with Hope and trip participants.
September 18, 2022	Explore the Lares Valley with optional hiking or cultural activities.	Morning options include a visit to the famous Pisac market, or a 2.5-3 hr hike to remote community of Viacha through 14,200 ft. pass, followed by guided tour of historic Incan ruins at Pisac. Return to Lamay Lodge for late lunch with traditional Peruvian meal. Dinner and overnight. Post -dinner conversations with Hope.
September 19, 2022	Villages of Ancasmarca, Choquecancha, and Huacahuasi.	A morning group visit to the archaeological sites at Ancasmarca, and a van ride to the village of Huacahuasi to meet children in the community, or possible hike to Huacahuasi. Visit work project, possible visit to a local family's home. Dinner and overnight at Huacahuasi Lodge.

September 20, 2022	Village of Huacahuasi	Spend the day working on the project at Huacahuasi school, spend time with the children and families. Overnight, Huacahuasi Lodge. Post-dinner conversation with Hope.
September 21, 2022	Pumamarca, optional excursions	Begin the day with a scenic drive to the community of Huilloc. From there, choose a morning hike from Huilloc to Pumamarca, or explore the village of Huilloc and nearby shepherding community before regrouping for lunch and a midday exploration of the Pumamarca archaeological site. After lunch, choose to hike from Pumamarca to Ollantaytambo or drive and spend the afternoon exploring Ollantaytambo's maze-like alleys and passageways. . Dinner and overnight at Healing Gardens/Wilka Tika Resort. Post dinner conversation with Hope.
September 22, 2022	Ollantaytambo, Aguas Calientes.	Visit to the impressive ruins at Ollantaytambo. Board train for Aguas Calientes. Afternoon guided tour of the citadel of Machu Picchu. Return to hotel for dinner and overnight at Inkaterra Pueblo Hotel.
September 23, 2022	Machu Picchu	An early morning departure to catch the sun rising over Machu Picchu. A guided hike to the top of Huayna Picchu Or SunGate for amazing views of the sanctuary. Late afternoon train departure to return to Cusco. Evening free. Overnight at Marriott Convent Hotel, Cusco.
September 24, 2022	Explore Cusco	Morning walking tour of historic sites of Cusco, including ancient Incan ruins and Spanish colonial cathedrals. Farewell dinner at Incanto Restaurant; overnight at Marriot Convent Hotel.

September 25, 2022	Depart Cusco for home.	Transfer to Cusco airport for flight to Lima and homeward-bound.
--------------------	------------------------	--