

# TREKking FOR KIDS

IMPROVING TODAY, SECURING TOMORROW...ONE STEP AT A TIME

## Trekking for Kids and Mountain Lodges of Peru September 16 – 25, 2022

September 16, 2022	Arrive Cusco; met by hotel representative and transfer to hotel. Afternoon free.	Evening welcome dinner with Hope Edelman and trip/workshop participants. Overnight hotel in Cusco
September 17, 2022	Morning free to explore Cusco and acclimate to altitude.	Afternoon walking tour of historic sites of Cusco, including ancient Incan ruins and Spanish colonial cathedrals. Group dinner at Incanto Restaurant; overnight at El Mercado.
September 18, 2022	Depart Cusco in private van enroute the Lares Valley and the beginning of the trek.	Beginning with a visit to Lake Piuray and the archaeological Incan ruins at Chincero, followed by a 3 hr. afternoon hike to Urquillos. Transportation to Urquillos also available. Dinner and overnight, Lamay Lodge at 9,705 ft. Post-dinner conversation with Hope and trip participants.
September 19, 2022	Explore the Lares Valley with optional hiking or cultural activities.	Morning options include a visit to the famous Pisac market, or a 2.5-3 hr hike to remote community of Viacha through 14,200 ft. pass. Traditional Peruvian outdoor lunch in Viacha as a group, followed by guided tour of historic Incan ruins at Pisac. Return to Lamay Lodge for dinner and overnight. Post -dinner conversations with Hope.
September 20, 2022	Villages of Ancasmarca, Choquecancha, and Huacahuasi.	A morning group visit to the archaeological sites at Ancasmarca, and a visit to Choquecancha to meet with local weavers. Van ride to the village of Huacahuasi to meet children in the community. Visit work project, possible visit to a local family's home. Dinner and overnight at Huacahuasi Lodge.
September 21, 2022	Village of Huacahuasi	Spend the day working on the project at Huacahuasi school, spend time with the children and families. Overnight, Huacahuasi Lodge. Post-dinner conversation with Hope.

September 22, 2022	Huacuhuasi, Pumamarca, optional excursions	A myriad of activity choices on this day: bike to Lares town and enjoy a countryside lunch; explore the Sacred Valley by vehicle or bike, or hike a strenuous 7 hr. hike, passing through at 14,646. Meet the group in the evening to explore the charming Incan/Colonial village of Ollantaytambo. Dinner and overnight at Kuychi Rumi hotel. Post dinner conversation with Hope.
September 23, 2022	Ollantaytambo, Aguas Calientes.	After an optional early morning hike, afternoon visit to the impressive ruins at Ollantaytambo, Board train for Aguas Calientes. Explore this gateway town to Machu Picchu before dinner and overnight at Inkaterra Hotel.
September 24, 2022	Machu Picchu	An early morning departure from Inkaterra Hotel to catch the sun rising over Machu Picchu. A guided tour through this ancient wonder, and optional hike to the top of Huayna Picchu or the Sun Gate. Late afternoon train departure to return to Cusco. Celebratory dinner and overnight El Mercado Hotel, Cusco.
September 25, 2022	Depart Cusco for home.	

Schedule subject to change

