

**Nepal Trek 2024: Everest View Trek
 Tentative Itinerary**

Date	Activity	Hotel/Teahouse
Sat Oct 26	Arrive Kathmandu Visit Monkey Temple and Boudhanath Stupa Welcome dinner	D Hotel in Kathmandu
Sun Oct 27	Travel to Kumari in jeeps Work projects at school	B, D Tents in Kumari
Mon Oct 28	Kumari Activities and celebration with the children	B, L, D Tents in Kumari
Tue Oct 29	Return to Kathmandu Free time Pre-trek packing and meeting	B, L Hotel in Kathmandu
Wed Oct 30	Flight: Kathmandu 4,383 ft (1336m) to Lukla 9,350 ft (2860m) Begin trek to Phakding or Toktok 8,700 ft (2600m) 6.5 km, 4 miles, 4 hrs	All meals included on trek Teahouse Phakding or Toktok
Thurs Oct 31	Phakding or Toktok to Namche Bazaar 11,270 ft (3446m) 7 km, 4.5 miles, 6½ hrs	Khumbu Lodge Namche Bazaar
Fri Nov 1	Rest and acclimatization day at Namche Bazaar	Khumbu Lodge Namche Bazaar
Sat Nov 2	Namche Bazaar to Deboche 12,687 ft (3867m) We pass the famous monastery at Tengboche before descending to Deboche 6.5 km, 4 miles, 6½ hrs	Teahouse Deboche
Sun Nov 3	Deboche to Namche Bazaar 6.5 km, 4 miles, 6½ hrs	Teahouse Namche Bazaar
Mon Nov 4	Namche Bazaar to Lukla 9,350 ft 7-8 hrs,	Teahouse Lukla
Tue Nov 5	Flight to Kathmandu Free afternoon,	Hotel Kathmandu
Wed Nov 6	Daytrip to Bhaktapur (optional) (or Spare day in case of inclement weather for flight to Kathmandu) Depart for home in evening	All meals on own Flight home