

2024 Albania/Slovenian Alps Trek

Dates	Destination	Activities	Comments
Fri Sept 13	Tirana	Arrive in Tirana (TIA) Free day (Late arrival possible on Saturday)	Arrive Tirana Airport Airport transfer on own Meals on own Overnight hotel in Tirana
Sat Sept 14	Durres	Orientation meeting Transfer to Durres Visit Durres Children's Home Meet the children Activities	B, L, D Welcome Dinner Overnight hotel in Durres
Sun Sept 15	Durres	Excursion with the children	B, L Overnight hotel in Durres
Mon Sept 16	Durres	Work Day at Children's Home	B, L, D Overnight hotel in Durres
Tues Sept 17	Ljubljana	Finish projects in morning if needed Transfer to Tirana for flight to Ljubljana	B Overnight hotel in Ljubljana
Wed Sept 18	Lake Bled	Morning bike tour of Ljubljana Transfer to Lake Bled Visit Bled island and other activities in the area	B, D Overnight hotel in Lake Bled
Thurs Sept 19	Trek Day 1 The viewpoints above Pokljuka Plateau	First day of the Trek! Transfer to trailhead. Start your adventure with a hike through a dense and magical spruce-tree forest. The path will take you to several viewpoints where you will enjoy impressive views of the highest mountains of Slovenia and the Bohinj Valley. You'll have Mt. Triglav on the palm of your hand, before reaching your first mountain hut. Hiking: 4.5 h, 5.9 miles (9.5 km) Elevation + 2395 ft (730m), -1300 ft (- 400m)	B, L, D Overnight mountain hut with shared bathrooms
Fri Sept 20	Trek Day 2 Pokljuka towards Central Julian Alps	Leave the meadows behind and enter the land of rising limestone mountains. Continue towards the Central Julian Alps, there are numerous side-trip options and nearby peaks to prolong the hiking day. Ascent two amazing panoramic mountains without a marked path leading to their summits. Hiking: 6 h, 6.8 miles (11 km) Elevation + 2132 ft (650 m), -1200 ft (- 400 m)	B, L, D Overnight mountain hut with shared bathrooms
Sat Sept 21	Trek Day 3 Through the heartland of the Julian Alps	For hikers climbing Mt. Triglav (optional): Our professional IFMGA mountain guide will meet you at the hut in the morning and guide you across the Mt. Triglav summit (guide: hiker ratio is 1:4). The path to the top is not technically challenging but it is exposed and airy at some sections. The guide will provide all the necessary gear (helmet, harness). Once you	B, L, D

		<p>reach easier terrain again, you will regroup with the rest of the team.</p> <p>Summit hike: 5 h, 5 miles (8 km), Elevation + 3280 ft (1000 m), -1968 ft (- 600 m) With the rest of the group: 3-4 h, 5 miles (8 km), Elevation +2300 ft (700 m), -1542 ft (- 470 m)</p> <p>For all other hikers: Sit outside the mountain hut, sip on your cup of coffee and enjoy the gorgeous morning vistas. After a relaxing morning, continue with your trek. Cross the 'lunar surface' of the Hribarice Plateau and tackle Mt. Kanjavec, the highest 'neighbor' of Mt. Triglav. The views from the summit are simply breathtaking.</p> <p>You will spend the night in a small mountain hut at a stunning sunset location. The crystal clear waters of the high alpine lakes are very inviting after a long hike but swimming or bathing in them is strictly forbidden.</p> <p>Hiking: 5-6 h, 6.2 miles (10 km) Elevation + 2952 ft (900 m), -2132 ft (- 650 m)</p>	Overnight mountain hut with shared bathrooms
Sun Sept 22	Trek Day 4 The Emerald Beauty	<p>If you would like to add a sunrise hike, we recommend hiking to the wonderful summit of Malo Spicje, high above the Valley of 7 Triglav Lakes. You will cross stunning high alpine karst, maybe meet a group of mountain ibex and enjoy lovely views to the Soca Valley and the whole Julian Alps in Italy and Slovenia. Return back to the hut and get ready for a long descent!</p> <p>Leave the rocky terrain behind and follow the descending mulattiera (a mule path paved with stones built by Italian army after WWI) to a lovely and very lonely upper Trenta valley. For the second part of the day, you will walk along the beautiful Soca River. And if you are brave enough - go for a swim in its turquoise waters! Those pools are so inviting, but so cold! Arrive to Bovec.</p> <p>Hiking: 4-5 h, 10.5 miles (17 km) Elevation + 262 ft (80 m), -5250 ft (- 1600 m) + optional side trips</p> <p>(After arrive to Bovec, there is an optional transfer available to Ljubljana with guides if you need to fly out earlier)</p>	B, L, D
Mon Sept 23	Flights Home	Transfer to Ljubljana or Venice for return flights. To be determined which airport.	B
			Overnight hotel in Bovec