

2025 Vietnam Trek

Dates	Destination	Activities	Comments
Fri Nov 14	Hanoi	<p>Arrive in Hanoi</p> <p>Free day</p> <p>Orientation meeting</p> <p>Walking food tour</p> <p>(Late arrival possible)</p>	<p>D</p> <p>Arrive Hanoi Airport</p> <p>Airport transfer on own</p> <p>Overnight L'Hotel du Lac in Hanoi</p>
Sat Nov 15	<p>Ba Be National Park</p> <p>Kayak</p>	<p>Transfer to Ba Be National Park</p> <p>It will take about 5 hours to drive to Ba Be. We will have lunch on the way. Once we arrive to the Boc Lom pier, we will start kayaking down the Nang River to explore the huge Puong cave. We will then cross the Nang River and pass through some steep terrain with many cat ears cliffs to Dau Dang Waterfall - the most beautiful and majestic waterfall in Bac Kan. Our boat will pick us up here and take us to Ba Be Jungle Lake House where we will stay overnight.</p> <p>Kayak: 6-8 miles (10-13 km)</p> <p>We will have a boat following the group in case anyone wishes to stop kayaking and rest on the boat instead.</p>	<p>B, L, D</p> <p>Overnight Jungle Lake House hotel in Ba Be</p>
Sun Nov 16	<p>Ba Be/Cao Bang</p> <p>Hike</p>	<p>We will begin our hike today in Ba Be National Park from Bo Lu village. Our hike will take us through the beautiful jungle up to Tham Khit pathways to an ancient cave - wandering around the lake to the panoramic views of the ranger station's animal observation huts. We will continue our hike for another 2 kilometers to An Ma temple, a sacred Tay temple dedicated to mountain gods, lake gods, and feudal generals. As we gain height, we will be rewarded with spectacular views of the verdant rolling countryside. During the afternoon, we will continue through mountains, valleys and experience the life of the ethnic people.</p> <p>Hike: 7.5-9 miles (12-15 km)</p> <p>After our day trek we will continue in our vehicle to Cao Bang Town, a journey of 3.5 hours. We will pass spectacular mountainous landscapes, with a mixture of steep terraced rice fields and hill villages.</p>	<p>B, L, D</p> <p>Overnight hotel in Cao Bang</p>
Mon Nov 17	<p>Cao Bang</p> <p>TFK Project</p>	<p>Today we will work with a local ethnic minority school with our local partner,</p>	<p>B, L, D</p>

		ChildFund Vietnam. More details coming soon.	Overnight hotel in Cao Bang or surrounding area
Tues Nov 18	Cao Bang TFK Project	Today we will work with a local ethnic minority school with our local partner, ChildFund Vietnam. More details coming soon.	B, L, D Overnight hotel in Cao Bang or surrounding area
Wed Nov 19	Quang Uyen Village Hike	Today we will take a short drive to begin our trek to several traditional craft villages. The first stop is Phia Thap village, a Nung community famous for making incense for more than 100 years. Then we will continue trekking through the fields until we reach the tile making village with yin and yang tile style. Next stop, Phuc Sen forging village. Here we will witness the stages of forging knives of the people here. Next is the knitting village of the Nung ethnic group. We will have a picnic lunch before going to the paper-making village of the Nung here. After that, we will return to the traditional stilt house of the Nung in the incense village where we will spend the night and enjoy dinner together. Hike: 10.5-12 miles (17-20 km)	B, L, D Overnight at Mr. Kim's homestay in Phia Thap Village
Thurs Nov 20	Ban Gioc Waterfall, Ha Lang Hike	Today, we will drive about 1.5 hours towards the Ban Gioc waterfall near the border of China. Before reaching the waterfall, we will hike near the border for 2-3 miles (3-5 km). Then we will visit the breathtaking Ban Gioc waterfall which stretches over 1000 ft (300 meters) bisecting Vietnam and China. Once we've had enough time visiting the falls, we will head to Nguom Ngao Cave, for a very different, but no less impressive natural wonder. The cave stretches for 7,000 ft (2,144 meters) underground and is filled with incredible stalactites and stalagmites. We will walk another 2-3 miles here. After lunch at a local restaurant, we will start trekking from Yen Nhi homestay through Thuon village for about 2-3 miles (3-5 km), followed by a short vehicle transfer to Ha Lang Village where we will spend the night. Hike: 6-8 miles (10-12 km)	B, L, D Overnight homestay Mr. Chung's in Ha Lang Village
Fri Nov 21	Ha Lang/Lang Son Hike	This morning, we will start trekking from Ha Lang Village. We will cross vast fields and meet local ethnic people. After lunch we will be met by our vehicle to transfer us south to Lang Son. On the way we will visit Dong Khe and That Khe - two heroic historical monuments in the war of independence of the Vietnamese people, if time permits. The drive to Lang Son will be around 4 hours. Hike: 6-8 miles (10-12 km)	B, L Dinner on own Overnight Muong Thanh Luxury hotel in Lang Son
Sat Nov 22	Lan Ha Bay Kayak	After breakfast, we will depart for a 4-hour drive to Cat Ba for our private overnight luxury cruise in Lan Ha Bay.	B, L, D

		Once we arrive at Cai Beo Cruise Port, we will be welcomed by the cruise staff and checked in onto our boat. We will have lunch while cruising to beautiful Lan Ha Bay while we admire the fascinating formations on the way. After lunch we will explore the quiet bay by kayak. Then back to the junk for a relaxing time on the sundeck and dinner on board.	Overnight private luxury cruise on the Cozy Boutique Cruise
Sun Nov 23	Lan Ha Bay/Ninh Binh	Wake up to an early morning Tai Chi session before breakfast in the beautiful Bay. Then we head to Viet Hai fishing Village on the Bay. Once at Viet Hai we will cycle around the village seeing the local life of a fishing village on the island. Then back to the boat and we start cruising towards the port while we eat lunch. We will meet our driver and transfer to Ninh Binh where we will stay overnight in a hotel.	B, L Dinner on own Overnight Ninh Binh Legend Hotel
Mon Nov 24	Tam Coc/Hanoi Boat, Cycle, Hike	This morning, we will make a stop at Hoa Lu, the ancient capital of Vietnam. We will visit two temples dedicated to the two kings: King Dinh and King Le. These temples showcase the unique architecture of ancient Vietnam. Next, we transfer to Tam Coc where we will have lunch at a nice restaurant with many local delicacies. After lunch we board a small sampan to visit Tam Coc which translates to “three caves.” The two and a half hour boat trip takes us along the glassy river surrounded by majestic limestone cliffs and mysterious caves, as well as past rural scenes of rice paddies and deserted green fields. We will then continue exploring the area by bicycle on a 45-minute tour around the village to discover the life of the local people. Last, our driver will take us to Mua Cave where we will climb 500 steps to reach the top of Lying Dragon Mountain, for an amazing panoramic view of Tam Coc. After, we return to Hanoi (1.5 hr drive) to our hotel for a farewell dinner.	B, L, D Overnight L’Hotel du Lac in Hanoi
Tues Nov 25	Flights Home	Expedition Ends Return flights	B Airport transfer on own